



Family Forever

Kinship Families of the North Country in Clinton County

JUNE 2018



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1 Circle of Trauma 5-8pm	2 Family Fun Carnival 11am-2pm
3	4 Support Group & Youth Group 5:15-6:45pm	5	6	7 Learning Through Film 5:30-7pm	8	9
10	11 Family Dynamic of Addiction 5:30-7pm	12	13	14	15	16
17	18 Support Group & Youth Group 5:15-6:45pm 	19	20	21	22 Field Day Respite 12-3pm Longest Day of Play	23 
24	25	26 Summer Movie Respite 10am-1pm	27	28	29	30 Summer Party Respite 12:30-3:30pm

GROUPS & EDUCATIONAL WORKSHOPS

CIRCLE OF TRAUMA— Join us at the Child Care Council on Friday, 6/1 from 5-8pm. In this free workshop, we'll tackle the challenges of raising adoptive children and children in foster care with adverse childhood experiences and difficult past histories. Designed for those parenting children who have relationship difficulties, especially children who have experienced attachment problems, trauma, loss and/or separation early in life. DINNER and CHILD CARE will be provided. Please call Katie to register.

MONDAY EVENING SUPPORT GROUPS— Join kinship families on the first and third Mondays of the month to meet for a confidential and positive experience with other caregivers at the Child Care Council from 5:15-6:45pm! PIZZA and CHILD CARE provided.

YOUTH GROUP— Youth meet on the first and third Mondays of the month from 5:15-6:45pm for some FRIENDSHIP, FUN, and PIZZA. **6/4 FAIRY GARDENS with the Master Gardeners** (feel free to bring a small toy from home to add to your garden [ie. dinosaur, gnome, etc.]) and **6/18 with the THERA PETS!** Please call Katie to sign up.

FAMILY DYNAMICS OF ADDICTION— Come join Nichole Christiansen from Champlain Valley Family Services on Monday 6/11 at the Child Care Council from 5:30-7pm for a workshop centered around family dynamic of addiction. During this workshop, we will touch upon topics such as brain development, codependency, and loving with limits and boundaries. Dinner and child care will be provided. Must call Katie to register.

Family Forever! Serving Adoptive and Kinship Families in the North Country

Permanency Resource Centers

A Program of the
Child Care Coordinating
Council of the North Country



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RESPITES & FAMILY EVENTS

FAMILY FUN CARNIVAL— Step right up and join us for a family fun carnival at the Saranac Lake Middle School at 141 Petrova Ave from 11am-2pm. There will be carnival games, free popcorn and water, free face painting, obstacle course, and crafts with FREE admission! Please call Chelsey for more information.

LEARNING THROUGH FILM— Come on back as we continue our series on Thursday, 6/7 from 5:30-7pm at the Child Care Council. We will watch part of Beauty and the Beast, and discuss how the Beast experiences grief and loss, which leads to anger and despair. We will explore how our brains experience strong feelings and words and learn ways to manage strong emotions. Make a surfboard bookmark to help you "surf" and ride the feeling wave to feelings of calm. Practice other calming ideas and add more pages to the book about YOU.

SUMMER MOVIE RESPITE— Come with us to the movies at the Champlain Centre Mall on Tuesdays this summer at 10am and then stay for lunch in the food court. On 6/26 we're seeing **How to Train Your Dragon 2**. Please provide \$3 per child to help cover the cost of the movie and lunch. Must call Katie to sign up.

LONGEST DAY OF PLAY— Please see flyer.

FIELD DAY RESPITE— Drop the kids off with us on Friday, 6/22 at the Child Care Council from 12-3pm for a field day on the Oval. We will be playing relay races, kickball, and checking out other Longest Day of Play activities on the Oval. Please bring a bagged lunch and a water bottle. Must call Katie to sign up.

SUMMER PARTY RESPITE— Let's celebrate the end of the school year with a party at Plattsburgh City Recreation on Saturday, 6/30 from 12:30-3:30pm in the downstairs party room. We will have BOUNCE HOUSES, GAMES, and other activities! Lunch will be provided, but please bring a water bottle. Must call Katie to sign up.