

# Tri-County Directory of Services for Children and their Families

## 2016 Edition

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*Prepared by The Child Care Coordinating  
Council of the North Country, Inc., and its  
Adirondack Network of Family Resource  
Centers*

P.O. Box 2640  
194 U.S. Oval, Plattsburgh, NY 12901  
(518)561-4999 or 1(800)540-2273  
<http://www.ccccnc.org>

## General Contacts-All Counties

<b>Child Care Coordinating Council</b>	(518) 561-4999 (800) 540-2273
<b>Early Childhood Direction Center</b>	(518) 464-6356
<b>Youth Bureaus</b>	
Clinton County	(518) 565-4750
Essex County	(518) 873-3630
Franklin County	(518) 481-1697

## Early Childhood Education/Child Care

### **Clinton County**

Child Care Coordinating Council	(518) 561-4999
DSS: Child Care Subsidies	(518) 565-3404
Head Start	(518) 561-6310
Family Child Care Start-Up: JCEO	(518) 561-6310
Ready to Learn Workshops:	
Mountain Lake PBS	(518) 563-9770

### **Essex County**

DSS: Child Care Subsidies	(518) 873-3431
Family Child Care Start-Up: ACAP	(877) 873-2979
Head Start	(518) 873-3207

### **Franklin County**

DSS: Child Care Subsidies	(518) 481-1815
Family Child Care Start-Up:	
Families R US	(518) 481-7281
Head Start	(518) 483-7022
St. Regis Mohawk Head Start	(518) 358-2988

# Family and Parenting Resources

## Child Abuse Hotline

Mandated	(800) 635-1522
Non-Mandated	(800) 342-3720
<b>North Country Migrant Education</b>	(315) 267-2510
<b>VESID-Vocational Educational Services</b>	
For individuals with Disabilities	(518) 483-3530

## Clinton County

### Family Resource Center:

Family Connections	(518) 561-4999
Cornell Cooperative Extension-Nutrition	(518) 561-7450
DSS: Preventive	(518) 565-3217
Protective Services	(518) 565-3310
Early Advantages/Parent Program	(518) 563-8206
Literacy Volunteers	(518) 564-5332

## Essex County

Cornell Cooperative Extension-Nutrition	(518) 962-4810
DSS: Prevention & Protective Services	(518) 873-3413
Families First	(518) 873-9544
Literacy Volunteers	(518) 546-3008

## Franklin County

Catholic Charities Parenting & Counseling	(518) 483-1460
Cornell Cooperative Extension-Nutrition	(518) 483-7403
DSS: Prevention & Protective Services	(518) 481-1832
Family Resource Center: Families R Us	(518) 481-7281
	(518) 483-5382
Family Resource Center: Family Matters	(518) 359-8167
Literacy Volunteers	(518) 483-9366
	(518) 891-5567

# Services for Young Children with Special Needs

**Make a Wish Foundation** (518) 566-6698

## **Clinton County**

Adirondack Helping Hands, Inc. (518) 561-6361  
Early Intervention (0-3) (518) 565-4848  
North Country Association  
for the Visually Impaired (518) 523-1950  
North Country Center  
for Independence (518) 563-9058  
North Country Kids, Inc. (518) 561-3803  
North Country Regional  
Traumatic Brain Injury Center (518) 564-3137  
Parent to Parent (800) 305-8817

## **Essex County**

Families First (518) 873-9544  
Children's Development Group (518) 834-7071  
Early Childhood Intervention Program:  
Preschool Age & Early Intervention (518) 546-3381  
Early Intervention (0-3) (518) 873-3500  
Parent to Parent (800) 305-8817

## **Franklin County**

Children's Corner Preschool-Adirondack ARC:

Tupper Lake Children's Corner (518) 359-7518  
Malone Children's Corner (518) 483-0090  
Saranac Lake Children's Corner (518) 891-2258  
Early Intervention (0-3) (518) 481-1710  
(518) 891-4471  
North Coast Therapy (315) 388-7703  
Parent to Parent (800) 305-8817  
St. Regis Mohawk Tribe:  
Family Support (518) 358-9481

## Health and Medical Services

### **Poison Control**

(800) 222-1222

### **Clinton County**

Champlain Valley Physicians Hospital (518) 561-2000

Clinton County Health Department (518) 565-4848

Planned Parenthood (518) 561-4430

### **Essex County**

Elizabethtown Community Hospital (518) 873-6377

Essex County Public Health Department (518) 873-3500

Moses-Ludington (Inter-Lakes Health) (518) 585-2831

Adirondack Medical Center: Lake Placid (518) 523-3311

Planned Parenthood (518) 483-7150

### **Franklin County**

Adirondack Medical Center: Saranac Lake (518) 891-4141

Alice Hyde Medical Center (518) 483-3000

Franklin County Public Health Department (518) 481-1709

(518) 891-4471

Planned Parenthood (518) 891-0046

## Health Insurance

### Enrollment

Adirondack Health Institute (518) 761-0300

Southern Adirondack Independent Living Center

(518) 792-3537

Massena Independent Living Center (518) 483-2151

## **Mental Health & Addiction**

### **Clinton County**

Behavioral Health Services North	(518) 563-8206
Addiction Services	(518) 565-4060
Champlain Valley Family Center	(518) 561-8480
Mental Health Clinic	(518) 565-4060
NAMI-CV	(518) 561-2685
Psychiatric Center	(315) 541-2001

### **Essex County**

Mental Health Association	(518) 962-2077
St. Joseph's Rehabilitation Center	
Inpatient	(518) 891-3950
Outpatient	(518) 483-6566
Substance Abuse Prevention Team	(518) 585-7424
NAMI-CV	(518) 561-2685
Psychiatric Center	(315) 541-2001

### **Franklin County**

Mental Health Association	(518) 521-3507
Citizen Advocates (dba North Star)	(518) 483-1251
NAMI-CV	(518) 561-2685
Psychiatric Center	(315) 541-2001

## Legal Services

### **Sexual Assault Services of Northern New York**

Planned Parenthood 24 Hour Hot Line

(877) 212-2323

### **Clinton County**

Child Support Collection Unit (888) 208-4485

Stop Domestic Violence (518) 563-6904

North Country Center for Conflict Resolution

(518) 324-5144

Probation (518) 565-4640

Legal Aid Society of Northeastern New York

(800) 722-7380

### **Essex County**

Child Support Collection Unit (888) 208-4485

North Country Center for Conflict Resolution

(518) 523-0102

Probation (518) 873-3650

Stop Domestic Violence (518) 962-8949

(888) 563-6904

### **Franklin County**

Child Support Collection Unit (888) 208-4485

Stop Domestic Violence (888) 563-6904

Probation (518) 481-1648

# Child Care Coordinating Council of the North Country, Inc.

## Services Provided

### **For Families:**

- ❖ Parent-Child Play and Social Groups
- ❖ Parents Anonymous® Support Groups and Parenting Classes
- ❖ Developmental Screenings
- ❖ Resource Counseling and Referrals to Community Programs, Events & Services
- ❖ Supervised Visitation
- ❖ Kinship Caregiver Services
- ❖ Special Education Parent Network

### **For Child Care Professionals:**

- ❖ Trainings and other professional development opportunities, including CDA classes
- ❖ Health Care Consultancy
- ❖ Food Program Reimbursements
- ❖ Specialized support for child care programs and providers
- ❖ Child Care Start-Up/Expansion Assistance

### **For the Community:**

- ❖ Information about child care and family resources in our region
- ❖ Public awareness about family and child care issues
- ❖ Advocacy for programs and services for child care professionals and families raising young children

## Contact Us:

Family Connections  
P.O. Box 2640  
194 U.S. Oval,  
Plattsburgh, NY 12901  
(518) 561-4999 or  
(800) 540-2273  
<http://www.cccnc.org>

Family Matters  
40 Marion Street  
Tupper Lake, NY  
12986  
(518) 359-8167  
<http://www.cccnc.org>

Families R Us  
3372 SR 11, Suite B  
Cedar Commons  
Malone, NY 12953  
(518) 481-7281 or  
(518) 483-5382  
<http://www.cccnc.org>